

2009 FORBES CROSS COUNTRY



Date	Host school	Participants	site
Wednesday, September 16	Cedar Park	Tippit, Forbes, Running brushy	Mil burn Park
Tuesday, September 22	Benol d	Forbes, Canyon Ridge, Running Bushy	San Gabriel Park
Wednesday, September 30	Forbes	Benol d, Henry, Wil ey, Tippit	San Gabriel Park
Saturday, October 10	GHS		San Gabriel Park
Wednesday, October 14	GISD School s	All District School s	San Gabriel Park

Wednesday Meets begin at 5:00 p.m.



Coach: Kristy Rail sback
Girl s' Coordinator: Lynne Krog
Boy's Coordinator: Rocky French
Principal : Leonard Rhoads
Athl etic Director: Phil Bl ue

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