

10 Ways

To Help Your Child Do Well In School



1 Show you care. Your child needs hugs and words of support. Ask your child about school each day.

2 Read, read, read. Read with your child or have him or her read every day. Make it fun—talk about what you've read.

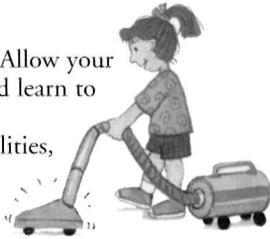


3 Make home a place for learning. Help your child practice reading, writing, math and science skills. Stimulate your child's creativity.

4 Promote healthy habits. Make sure your child gets plenty of sleep and exercise and eats balanced meals. Schedule regular checkups.

5 Be a role model. Your child learns from you. Be positive about education and show you enjoy learning.

6 Encourage independence. Allow your child to make mistakes and learn to accept their consequences. Give your child responsibilities, such as household chores.



7 Create a study routine. Set a time and quiet place for your child to work every day. Go over homework together.



8 Get involved. Meet with your child's teacher, attend school events and help out at school if you can.

9 Build success. Help raise your child's self-esteem by setting reachable goals and praising your child's efforts, not just results.

10 Make school important. Insist on good attendance and punctuality.