

## STAFF WELLNESS PROGRAM

Care Solace makes it easier for staff and their families to connect with mental healthcare resources and providers in their communities.

### OUR PURPOSE

We connect communities to reliable, ethical and high-quality mental healthcare services.

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### 24/7 CARE CONCIERGE TEAM

The Care Concierge takes the stress off of district staff by breaking down the barriers to mental healthcare. Care Solace is a resource available to district families for free.

This 24/7 team of care coordinating experts guide and support families throughout the entire process. We only refer to trusted and ethical providers. We speak English, Spanish, Mandarin, Cantonese and Vietnamese.

### 24/7 CONCIERGE ASSISTANCE

- Accessing vetted mental health providers
- Discovering virtual therapy options
- Assessing provider availability
- Reducing wait times into care
- Navigating Insurance or no insurance
- Scheduling an appointment(s)
- Phone, email, video chat
- Response time is typically within 15-minutes or less

### TALK TO US

1-888-515-0595

[weserve@caresolace.org](mailto:weserve@caresolace.org)

[www.caresolace.com/gisdstaff](http://www.caresolace.com/gisdstaff)

Please note, Care Solace is not an emergency response service. In the event of a life threatening emergency, please call 9-1-1 or the National Suicide Hotline 1-800-273-8255.

