

BENOLD EAGLE ATHLETICS

Dear Athletes and Parents:

Welcome to the Athletic program at Benold Middle School. We are pleased to have you as a part of our program. The athletic program at Benold has been very successful in past years, and we expect this year to follow suit!!

As coaches, we work hard to give our best to the student athletes that we coach and we expect the same effort from our players. Athletes are encouraged to be leaders academically, as well as, in various school clubs and organizations. However, academic success should be considered their number one priority. It is the athlete's responsibility to keep his grades as high as possible. We will check grades every three weeks. We expect your son to be accountable and to ask for help if and when he needs it.

We require that every team member be present at all team activities. We do understand that there may be extenuating circumstances that cause an occasional problem, and we will deal with those on an individual basis. Coaches should be contacted in advance if a player is going to miss a practice or game. **Please leave a message on our voice mail at 943-5000, ext. 6994. Also, please follow up a missed practice or game with a written note to be placed in your son's file.**

In addition to teaching skills to be a successful athlete in any sport, our goal is to teach each player life-long skills such as teamwork, commitment, goal setting, work ethic, and responsibility. As coaches, we are committed to this program and a successful year. With the commitment of our athletes and the interest and positive support of parents, we will have a great year! If you have any questions or concerns regarding your son or our program, please call us.

Please read through and discuss the following documents with your athlete. The coaches are proud of BENOLD MIDDLE SCHOOL and the boys' athletic program. Choosing to be a member of the Benold Eagle Athletic program requires hard work and dedication. Athletes will be held accountable to the program's expectations.

Please SIGN AND RETURN the ATHLETE/PARENTAL ACKNOWLEDGEMENT FORM (blue) and keep this packet for your reference.

Coach James Hammack, Boy's Coordinator
Coach John Crutchfield
Coach Nick Edwards
Coach Alex Lee

BENOLD EAGLE PROCEDURES AND ORGANIZATION

EAGLE RESPONSIBILITIES:

1. Always be on time or early.
2. Follow all GISD and Benold Middle School's rules and Code of Conduct.
3. Show respect to ALL others. Have good manners. Be polite.
4. Keep the locker room area clean and take care of equipment.
5. Each athlete will be issued a lock and locker. **Use your lock EVERYDAY to secure your personal items.** The school and coaches are not responsible for any personal items not secured. Lost locks will result in a \$5 charge to replace lock. **DO NOT BRING LOCKS FROM HOME FOR YOUR ATHLETIC LOCKER!**
6. Wear the proper athletic uniform daily. No jewelry. Hair should be up and out of your face. No chewing gum during practice.
7. **No bags** will be allowed on top of the lockers. All possessions must be secured. In-Season sports may bring an athletic bag on game days **ONLY** for their uniform and equipment.
8. Set high academic standards for yourself.
9. Set high behavior standards for yourself.
10. **BE A ROLE MODEL AND A MAN OF INTEGRITY.**

*****IMPORTANT*****

Please read and follow the new Georgetown ISD Athletic Handbook (found online at www.georgetownisd.org under Departments>Athletics>Athletic Files and Forms> GISD ATHLETIC HANDBOOK

CELL PHONE/ PERSONAL DEVICE POLICY

Cell phones/personal devices,

1. Can be used on the bus to and from games to listen to music or communicate with parents. **SOCIAL MEDIA IS NOT ALLOWED!**
2. Are not to be used at competitions. Athletes are expected to watch the games, cheer and support their teammates.
3. Should be turned off and secured in the Athlete's locker during the Athletic period and during practices.

*******IT IS NEVER OK TO USE CELL PHONES/PERSONAL DEVICES
IN THE LOCKER ROOM*******

EAGLE TRAVEL PROCEDURES:

Transportation will be provided to and from athletic contests. Athletes are strongly encouraged to ride the bus after a contest. Post-game time is extremely important for team bonding and game review. If an athlete must ride home with their parent or another athlete's parent, please provide written or emailed documentation to their coach at least one day in advance. If an emergency arises the parent must sign the athlete out with a coach. All trips will have a bus seating chart that will be followed to and from the game. Roll will be taken before departure and return from contests. Failure to follow correct checkout rules can result in disciplinary action.

STUDENT-ATHLETE CONDUCT STATEMENT

Members of the BENOLD EAGLE ATHLETIC PROGRAM need to conduct themselves in a manner that will bring pride and honor to BENOLD MIDDLE SCHOOL, the athletic program, themselves, and the Georgetown Community. No athlete has the right to do or say anything that might hurt, embarrass, or degrade himself, his peers, his teachers, his teammates, his coaches and the opposing teams. Detrimental conduct will be handled with appropriate disciplinary action.

POSSIBLE PENALTIES FOR INAPPROPRIATE PLAYER CONDUCT

1. Physical Conditioning
2. Player Contract
3. Game or games Suspension
4. Dismissal from team

PENALTIES FOR MAJOR INFRACTIONS TO THE ATHLETIC HANDBOOK:

See GISD Athletic Code of Conduct Player/Parent Contract Attached

CONFLICTS WITH PROCEDURES OR PERSONNEL

This section is included for conflict resolution purposes between PLAYER and COACH or PARENT and COACH. Any conflict should be addressed in accordance to the following protocol:

1. Student meeting with coaches.
2. Student and Parent meeting with coaches at a mutually appointed time (NEVER IMMEDIATELY AFTER A CONTEST OR GAME)
3. Meet with the Campus Athletic Coordinator, coach and Athletic Director at a mutually appointed time.
4. Meet with a Campus Athletic Coordinator, GISD Athletic Director and Principal at a mutually appointed time.

Georgetown ISD Eagle Middle School Athletic Make-Up Policies

A student-athlete may not participate in the next competition until all missed practices for injury or illness are made up. He must complete a pre-determined make-up workout that includes conditioning as well as sport independent/specific drills at a time agreed upon by a coach. An athlete that misses five or more consecutive days of practice, will be required to complete five make-up workouts before returning to play. We understand that extenuating circumstances occur and we will work with the student athlete and their parents to work towards a solution that is best for both the athlete and our program.

A coach will be available Monday through Friday in the morning and afternoon for make-up workouts. Morning make-ups should begin by 7:30 a.m. and afternoon make-ups should start as soon as possible after school is out. These times may change due to practice schedules and other factors. Make sure you communicate with your coach to arrange a time that works for all parties.

TRYOUTS

Tryouts for teams at Benold Middle School are highly competitive. With this in mind, team members should understand that the **Benold teams should take priority over any club team affiliation**. Benold players should never miss a practice or a game due to a club team obligation. Any player who violates this rule could be subject to immediate dismissal.

Members of the Benold Eagle basketball teams are required to participate in various tournaments during the season. Anyone taking a spot on one of these teams should be committed to participating in the tournaments.

Georgetown ISD Middle School Athletic Injury Policies

If a student-athlete is injured or sick and cannot participate in athletics, he/she may bring a note from a parent or guardian that will be valid **for two days only**. After such time, he/she must resume participation unless a doctor's note or a note from the athletic trainer is provided. The note for doctors to fill out can be found on the GHS Athletic Training website at <http://www.georgetownisd.org/Page/1933> under the section entitled "Policy on Doctor's Visits." A doctor's note is required for any injury or illness that limits participation in Athletics, which also includes follow up visits. **Head injuries must be reported to the GHS Athletic Trainers and middle school coaches promptly.**

If a student-athlete brings a note from the doctor stating that he/she may not participate for a certain number of days, he/she will not be allowed to participate until those days expire or until he/she has a new note provided from the doctor. A parent or guardian **may not** override a doctor's note. Depending on the injury and at the doctor's discretion, the student-athlete may be asked to participate in activities that do not interfere with the injury and/or seek treatment/therapy at the GHS Athletic Training Room from one of our Athletic Trainers. **Treatments for Middle School student-athletes are at 7:00am. If you are late, you may be asked to come back the following day.**

Any restrictions placed on the student-athlete for school sponsored sports, are also to be followed while that student-athlete participates with their club team (Ex.: If you are not allowed to work out with your school team, you must not work out with your club team). Any student-athlete found to

be breaking this rule will be required to attend a mandatory meeting between the coaches, student-athlete, and the parents. If this continues the student-athlete faces suspension and possible expulsion for their school sponsored sports.

For any injury-related questions, you may ask your Middle School Coordinators or contact of the Athletic Trainers at the high school by calling (512) 943-5000 ext. 7213 or ext. 7200.

You may also visit the Athletic Training website by going to <http://www.georgetownisd.org/Page/6410>

~ BEHAVIOR EXPECTATIONS OF SPECTATORS ~

Remember that you are at the contest to support and yell for your team, and to enjoy the skill and competition, not to intimidate or ridicule the other team or its fans.

Remember that school athletics are a learning experience for students and that mistakes are sometimes made.

Praise student-athletes in their attempt to improve themselves as students, as athletes, and as people, just as you would praise a student working in the classroom.

A ticket is a privilege to observe the contest, not a license to verbally assault others or be generally obnoxious.

Learn the rules of the game, so that you may understand and appreciate why certain situations take place.

Show respect for the opposing players, coaches, spectators and support groups.

Respect the integrity and judgement of game officials. Understand that they are doing their best to help promote the student-athlete, and admire their willingness to participate in full view of the public.

Recognize and show appreciation for an outstanding play by either team.

Refrain from the use of any controlled substances (alcohol, drugs, etc.) before, during, and after the game on or near the site of the event (i.e. tailgating).

Use only cheers that support and uplift the teams involved.

Be a positive role model at events through your own actions and by censuring those around you whose behavior is unbecoming.

Parents and spectators should be aware that the school can (and should) remove them from the premises and can prohibit them from attending future contests due to undesirable behaviors.

Game officials can ask that school administrators have unruly fans removed from a contest facility.

There is no such thing as a “right” to attend interscholastic athletics. Interscholastic athletics are considered a “privilege” and the spectator who avails themselves of it is expected to conduct himself or herself accordingly.

Keep in mind that you are a guest of the school, and that while winning is certainly an admirable goal, it is hollow if it comes at the expense of morals, ethics, and just plain common sense. The school is responsible for the behavior of their spectators. The school district can be and will be punished for actions of patrons in violation of UIL standards and rules.

BENOLD EAGLE PARENTAL ACKNOWLEDGEMENT

I/we have read and understand the procedures governing the Benold Eagle athletic program. I/we will adhere to the rules and regulations as stated in this document.

Parent Name (Printed)

Parent Signature

Date

Athlete Name (Printed)

Grade _____

Athlete Signature

Date