

**THIS IS  
GEORGETOWN  
VOLLEYBALL**



PLAYER NAME:

## **PLAYER RESPONSIBILITIES**

Always be on time or early.

ACADEMICS - Give maximum effort in the classroom and in the gym.

Accept responsibility for your actions.

Be committed to your teammates, coaches and the volleyball program.

Always be in uniform at practice, travel and games

Learn to be your own advocate. Communicate and plan goals.

Take care of VB equipment, VB issued items/apparel, and facilities.

## **TRAVEL PROCEDURES**

All the athletes will depart and return on school approved transportation. On Tuesday nights all sub varsity teams are expected to attend their game and at least the 1st set of the varsity. Friday night games - all teams expected to stay until the final point of the varsity match.

Exceptions:

- (1) If the athlete makes the coach aware that she is riding home with a PARENT before the game and the parent makes contact with the coach before leaving the game. There will be a sign-out notebook for all parents to sign their daughter out.
- (2) If there are circumstances that your daughter will need to ride home with another parent, you will need to email your daughter's coach in advance.

## **LETTERING**

A player must be a part of the varsity team and must see at least a minimum of 20% playing time during the season, and/or coach's discretion. Seniors who are in good standing will receive a letter.

## **PRACTICE ATTENDANCE**

- A. Excused absence: is one where the player is given prior notification that she will not be able to attend practice.
  - a. Excuses absences that become habitual will cause loss of playing opportunities and may cause possible dismissal from the team. Players will need to make up conditioning and meet with coaches regarding information taught in practice.
- B. Unexcused absence: an unexcused absence is one where the player misses practice and has not given notification concerning the missed workout.
  - a. Unexcused absences will result in the player doing conditioning drills in addition to any makeup conditioning. Unexcused absences that become habitual will cause a parent conference and possible dismissal from the team.

## **PRACTICE ON SCHOOL HOLIDAYS**

The Varsity team will have practices scheduled on Labor Day, Saturdays and other possible school holidays. The coaching staff will make every attempt to schedule practice times that are convenient to family/holiday plans.

## **INJURED PLAYERS**

Injured players will be required to attend all practices, and games while undergoing rehabilitation treatment. All Players who experience sickness or pain must report to Ms. Redeaux. If a player must stay home due to sickness, she should call the coach's office at 943-5100 x 7172 to inform Coach Richardson, or send email. [richardsonj@georgetownisd.org](mailto:richardsonj@georgetownisd.org)

Being sick/injured does not excuse one from practice. If well-enough to attend practice one should without participating so they can still learn. No cell phones allowed in practice. You will be expected to still be an active team member.

## **LOCKERROOM**

Athletes are responsible for their belongings in their locker room. **Each athlete is required to keep their belongings locked up.** Lockers and locks will be provided. There should not be pictures or videos taken in the locker room.

## **CONFLICT WITH POLICY OR PERSONNEL**

Any conflict with volleyball policy or volleyball personnel should be handled in accordance to the following protocol:

1. If a **player** has a problem with policy and/or personnel they should meet with the coach. If the player is not satisfied with outcome then:
  - a. Meeting with the coach and parent should be scheduled.
2. If a parent has a problem with policy and personnel, a meeting with the coach at a mutually appointed time will be scheduled. (Not after a game or practice)
3. Meet with the Athletic Director/Coordinator.Player/Parent at a mutually appointed time.
4. We ask that the 24-hour rule always be followed.

## **TRAINING RULES**

The possession or use of alcohol, vape and drugs in a serious offense. Any occurrences of this nature will be handled in accordance with the student handbook/GISD Student Code of Conduct and or GISD policy and GTVB consequences.

## **PLAYER CONDUCT**

Volleyball players need to conduct themselves in a manner that will bring pride to the Georgetown community, and the athletic program. No athlete involved in the volleyball program has a right to do or say anything that might hurt, embarrass, or degrade herself, her teammates or her coaches in public, school, or on social media. Conduct that does not reflect the values of the Georgetown community will be handled with the appropriate disciplinary action, per coaching staff and GISD Student-Athlete Handbook and GTVB policies.

## **PENALTIES FOR INAPPROPRIATE PLAYER CONDUCT**

- Physical conditioning
- Game or games suspension
- Indefinite suspension
- Dismissal from the team

## **MISCELLANEOUS**

The coaching staff requests, in order to maintain the level of professionalism required by GISD, that our cell phones be used for emergency purposes only. The coaching staff has GISD issued phones, and school email, which should be the first line of communication for all other inquiries.

Coach Richardson	<a href="mailto:richardsonj@georgetownisd.org">richardsonj@georgetownisd.org</a>
Coach Goode	<a href="mailto:goodes@georgetownisd.org">goodes@georgetownisd.org</a>
Coach Venegas	<a href="mailto:venegase@georgetownisd.org">venegase@georgetownisd.org</a>
Coach Blissit	<a href="mailto:blissitl@georgetownisd.org">blissitl@georgetownisd.org</a>

## **Philosophy of Team/Program**

We want to build a team atmosphere where the players understand the importance of academics, being a good teammate/person, working hard, having goals, being mindful and being disciplined in all aspects of volleyball and life.

### **ATTITUDE -CHARACTER-ACADEMICS - DISCIPLINE - EFFORT**

## **Player Philosophy**

“A player who makes a team great is more valuable than a great player.” Anon.

## **Team Goals**

1. Work hard. Do your job. No regrets.
2. Create a winning attitude in practice, offseason, and in games.
3. Always represent your program and family in a respectable manner.
4. Have fun.

### **Goal 1 - Work hard. Do your job. No regrets**

In order to be successful at anything you must put in work. Success is the result of talent and discipline. Success occurs when each player works hard to achieve their team's goals.

### **Goal 2 – Create a winning attitude in practice, offseason, and in games.**

Be consistent. Understand there is no day off in a successful program. Mentally one must stay focused on their team and individual goals. Hard work pays off.

### **Goal3 –Always represent your program and family in a respectable manner.**

What we say and do matters. Be a model of what you expect from others. The Golden rule is always the best option. Be kind. Do what is right.

### **Goal 4 – Have fun.**

Have fun. Winning is fun. Achieving goals are fun. Do not confuse having fun with not staying focused and disciplined. Working hard and being disciplined will result in success, which will equal fun.



**2/1 ATTACK**

**3 ATTACK**

OH/MB	MB/RS
L RS  OH RB	OH RB  L OH

**BR ATTACK**

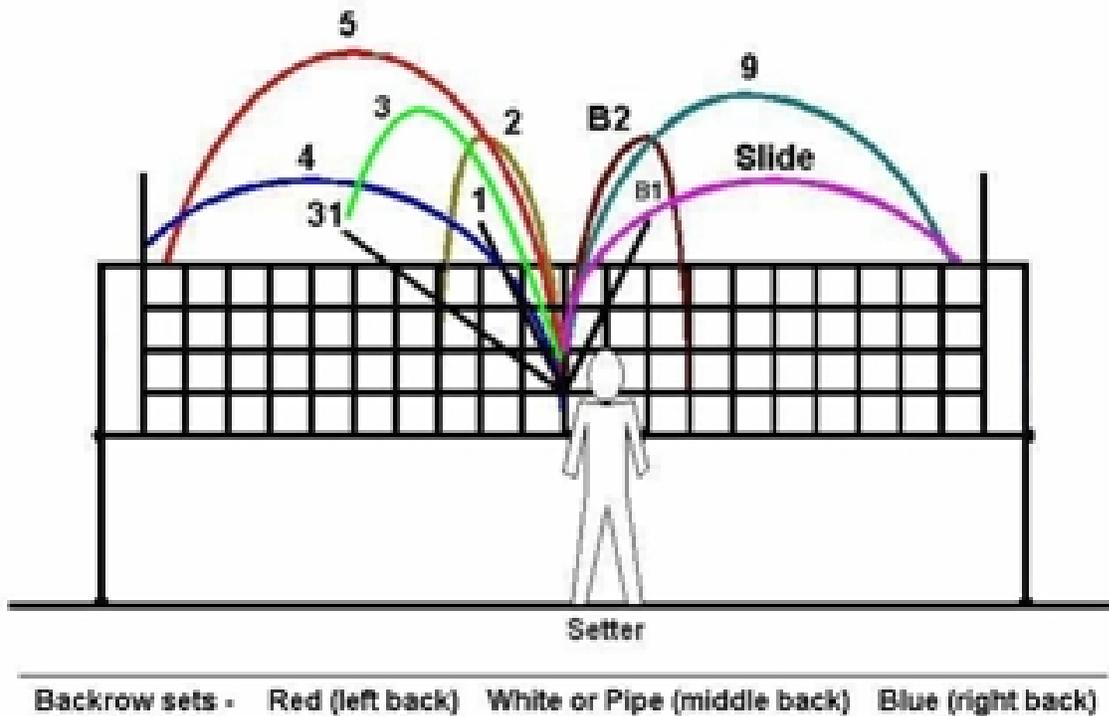
**FB**

MB	S
OH RS  L OH RB	OH MB RS  L OH

## GEORGETOWN OFFENSE

Objective: Put the hitter in control. The hitter is responsible for putting balls away. Use the 4 hitter options (angle, seam, cutback and tip/shot)

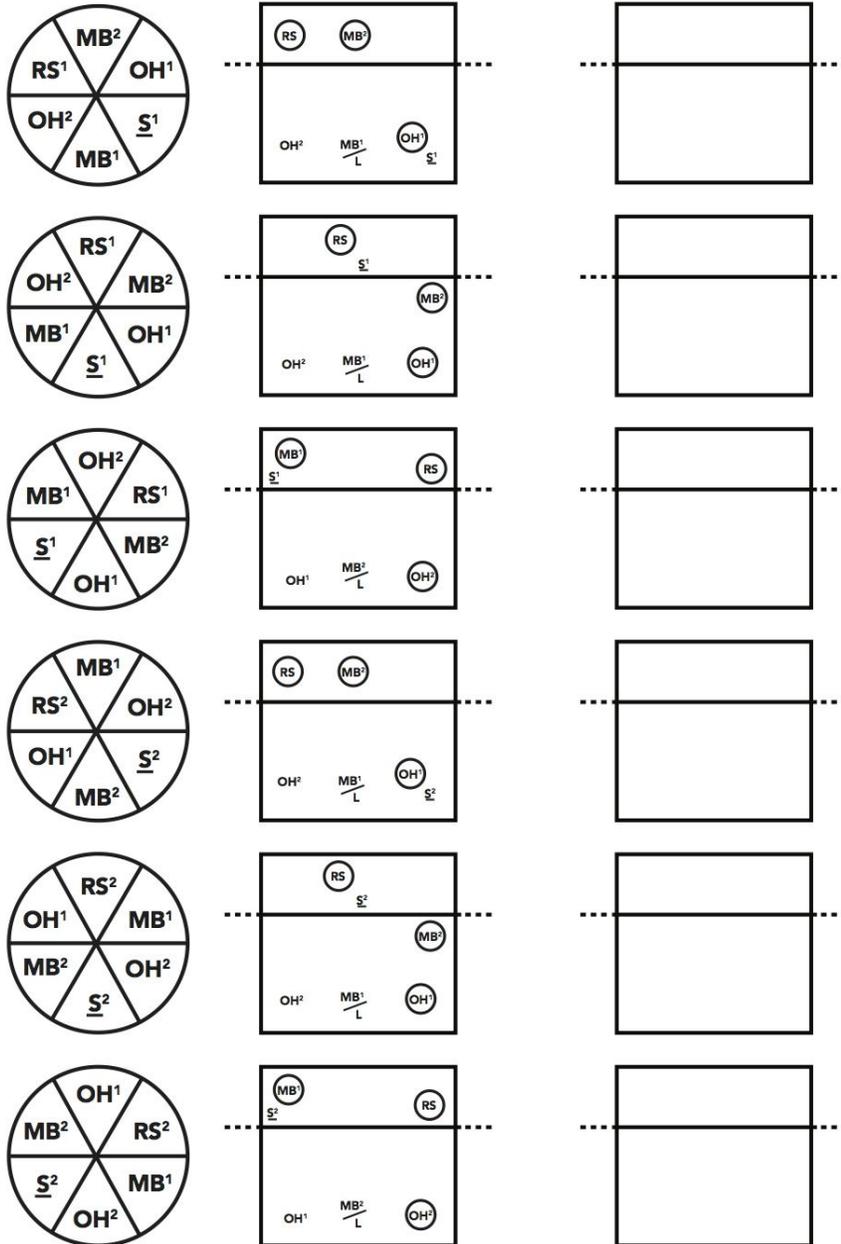
### Setting Diagram



# SERVE RECEIVE PATTERNS:

## 6-2 Rotations

(Libero in middle back all 6 rotations)



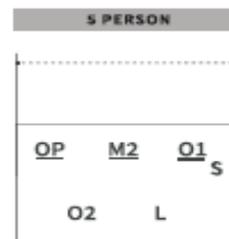
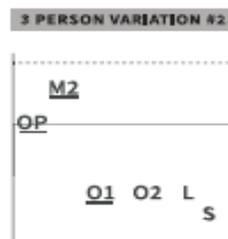
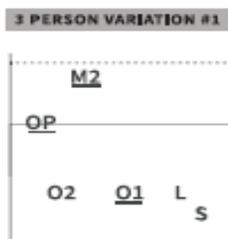
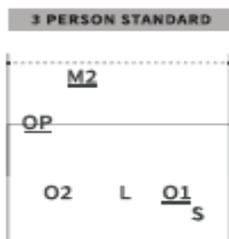
# 5-1 Rotations

(Libero in middle back all 6 rotations)


# SERVE/RECEIVE FORMATION VARIATIONS

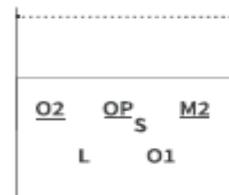
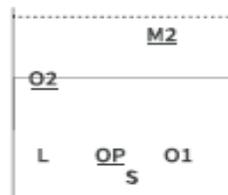
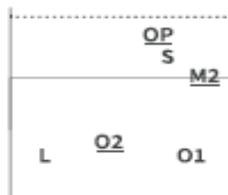
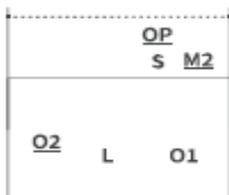
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OP	M2	O1
O2	L	S



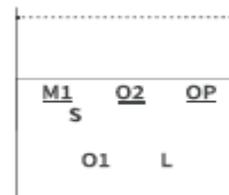
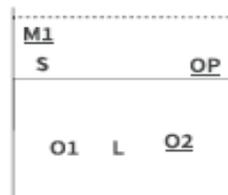
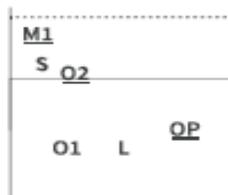
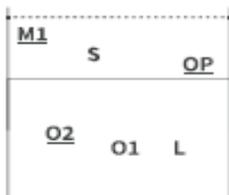
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O2	OP	M2
L	S	O1



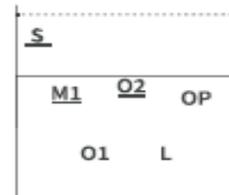
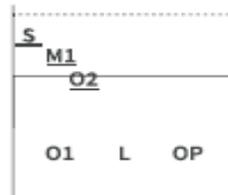
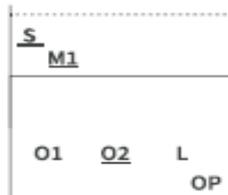
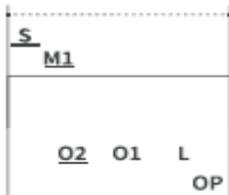
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M1	O2	OP
S	O1	L



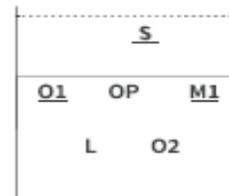
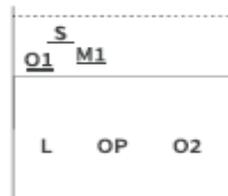
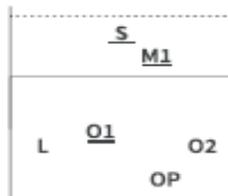
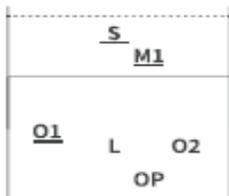
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S	M1	O2
O1	L	OP



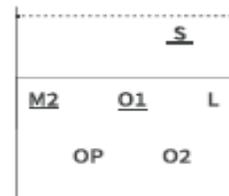
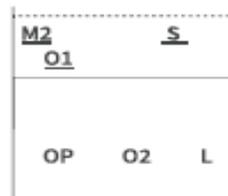
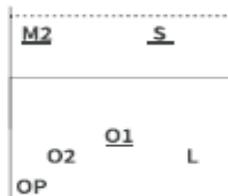
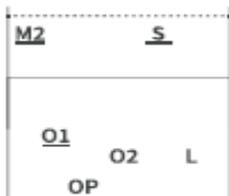
5

O1	S	M1
L	OP	O2



6

M2	O1	S
OP	O2	L



## Parent/Fan Etiquette

**Below you will find basic Parent/Fan etiquette. By following these suggestions our players will be supported, and our team will not be at risk for discipline action from the referees.**

1. Please don't shout advice to the player during the game. This could cause a conflict with what the coach is trying to have the team accomplish. Encourage your child with positive comments.
2. Please don't harass the referee. The referees will be listening for fans that constantly stay on them.
3. Playing time will be determined in practice. The players know that how they perform in practice will determine the amount of playing time they will receive in a game.
4. Please don't harass the other team's players, or any Georgetown volleyball player. **You would not want anyone yelling at or making negative comments about your child, so please treat our opponents and your daughter's teammates as you would want your child treated.**
5. After the game, the players and the coaches will still be in game mode. Coaches will not be available to talk to parents after the game. If you need to talk to the coach after a game, please refrain and call the coach on their **work** phone number or email them the next day to schedule an appointment.

**2021-22**

**Lady Eagles Volleyball**  
**PLAYER/PARENT CONTRACT**

After reading this handbook covering the policies and rules of the Georgetown Lady Eagles Volleyball program, I agree to follow and abide by all policies and rules stated. I understand that athletics and being part of the volleyball team is a privilege not a right, therefore, this privilege may be revoked at any time.

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Athlete's Name (print)

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Athlete's Signature

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Date

As the parent/guardian of the above athlete, I have read and understand all of the rules and policies of the Georgetown Lady Eagles Volleyball program.

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Parent/Guardian (print)

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Parent/Guardian Signature

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Date