

Tippit Lady Titan Athletics



Dear Athletes and Parents:

Welcome to the Lady Titan Athletic program at Tippit Middle School. We are pleased to have you as a part of our program, and we can't wait to get started!

We work hard to give our best to our student-athletes, and we expect the same effort from our players. Athletes are encouraged to be leaders in the classroom, in their sports of choice, and in our community. However, academic success should be considered their number one priority. It is the athlete's responsibility to keep up with class work. We expect all Lady Titans to be accountable for their grades and to ask for help if and when they need it.

In addition to teaching skills to be a successful athlete, our goal is to teach each player life-long skills such as teamwork, commitment, goal setting, work ethic, and responsibility. As coaches, we are committed to maintaining a successful program and positive experience for all of our student-athletes. We are confident that with collaboration from coaches, players and families we can achieve this goal!

LADY TITAN RESPONSIBILITIES:

1. Always be on time or early.
2. Follow all GISD and Tippit Middle Schools rules and Code of Conduct.
3. Be polite, communicate appropriately and show respect to all.
4. Keep their locker room area clean and take care of Lady Titan equipment.
5. Use your issued lock EVERYDAY to secure your personal items.
(The school and coaches are not responsible for any personal items not secured.)
6. Be prepared for class with Lady Titan athletic uniform, tennis shoes, hair up and no jewelry.
7. Set high academic standards for yourself.
8. Set high behavior standards for yourself.
9. **BE A ROLE MODEL.**

Members of the Tippit Lady Titan athletic program need to conduct themselves in a manner that will bring pride and honor to Tippit Middle School, the Georgetown community, and our athletic program.

Athletics is a full year commitment. An athlete that quits during their 7th grade year, will not be able to participate in the athletic program or any sport in their 8th grade year.

**A Lady Titan is
Strong & Confident with great Integrity, Influence & Ability.**

TIPPIT LADY TITAN PROCEDURES AND EXPECTATIONS

Attendance:

We expect that every team member will be present at **ALL** team activities. We do understand that there may be extenuating circumstances that cause an occasional problem and we will discuss those on an individual basis. Coaches should be contacted in advance if a player is going to miss a practice or game.

Communication:

Please don't hesitate to contact us if you have any questions or concerns. Email is always the best way to contact us. It can provide a quicker response and it will also provide both parties with written documentation for our records. Our coaching staff will call you if we have any questions. We also ask that families help us teach your daughter to advocate for herself by having her communicate with us first.

Coach Amanda Reyes - Girls Coordinator- reyesa@georgetownisd.org

Coach Stephanie Kuykendall- kuykendalls@georgetownisd.org

Coach Tracy Brantley- brantleyt@georgetownisd.org

Coach Angela Harris- harrisa@georgetownisd.org

Coach Ian Anderson- andersoni@georgetownisd.org

Lady Titan Website: <http://www.georgetownisd.org/domain/990>

Our website is constantly being updated to provide forms, team schedules, directions to games, results, pictures and a lot more.

Athletic Requirements:

All items below need to be turned in before they can participate in Athletics class or try out for a sport.

1. Physical Forms.

Athletes must have a cleared physical on file each year. It needs to be cleared by a doctor. There is a specific form that can be picked up from the coaching staff.

2. Catastrophic Insurance:

\$5 dollars is required to enroll all participants in our catastrophic insurance.

3. Online GISD forms:

Each student needs to submit completed forms on Rankonesports.com every year. This provides us with information on each athlete and signed agreements for local and state policy.

4. Lady Titan Paperwork: (separate from online paperwork):

Every athlete is required to have an information sheet on file. This info includes: athlete info, parent info, UIL Behavior Expectations of Spectators, and the signature to the Lady Titan Athletic Policy.

Deadline for all required forms to be completed is August 31st to prevent removal from class

Practice/Workout Clothes

All athletes must be in our Lady Titan uniform every day to avoid extra conditioning and points taken off their grade. Uniforms cost \$25.00 and can be purchased online <https://tmsgirlsathletics.itemorder.com/sale> or at Centex Shirt & Embroidery.

Centex Shirt & Embroidery:

1911 N Austin Ave Ste 405, Georgetown, TX 78626

Hours of Operation: Monday - Friday 9am - 5pm

Phone: (512) 818-1012

Coaches will communicate with the girls on when grades will be recorded for dressing out at the beginning of the year. We will give them time to purchase the uniform, get their locker assigned and to secure belongings.

Game and Meet Uniforms

All athletes who make a team will be responsible for keeping up with all jerseys and uniforms issued. Guardians will be held financially responsible for any lost or damaged uniform.

Athletic uniforms and game jerseys should never be worn outside of school or in your classrooms.

Tutorials

All 8th grade athletes need to schedule tutorials after school with their teachers and not during practice or the athletic period.

All 7th grade athletes need to schedule tutorials with their teachers before school and not during athletic period.

Missing practice, class, or games:

Please plan around practice and games in order for your daughter to keep her commitment to her team. All missed practices and competitions must be made up. Athletes must have a note to miss workouts due to injury or illness that will be good for 2 days. On the third day we will need to have a trainer or doctor's note on file. Please ask the doctor to write down specific instructions and an actual return date.

If you know you are going to sit out due to injury

- You must still dress out in the Lady Titan athletic uniform
- Look, listen, and learn the information your coach is teaching
- Stay for the entire practice and attend all games
- You'll be doing modified exercises that don't affect the injured area.

We will have a trainer on campus this year at certain times during the week and will share times with everyone as soon as we get them.

SportsYOu

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Please download the SportsYou app or create an account on their website, sportsyou.com, to receive important info about Lady Titan athletics. This is a great way for us to keep you informed of any upcoming events or schedule updates. All athletes and parents are encouraged to do this.

Failure to keep commitment and act according to Lady Titan expectations may result in:

1. Physical conditioning
2. Game or games suspension
3. Player Contract + physical conditioning
4. Dismissal from team

General Information for 2019-2020 sports

Volleyball:

Volleyball tryouts will be held on August 20th & 23rd. 8th grade starts at 7:00 a.m. and doors will open at 6:45 am and 7th grade tryouts after school until 5:00. Results will be emailed to each Athlete's school account on Monday, 23rd at 6 pm.

Cross Country:

Cross Country will begin at the beginning of school, with the first practice on Wednesday, Aug. 28th at 7 am. There will be a few after school practices to get acclimated with the weather. Meets are on different days during the week and will be announced once the schedule is confirmed. There will be one competition per week. **You can participate in volleyball and cross country at the same time.**

Basketball:

Basketball tryouts will be October 27th - 29th. The season starts at the end of October. We strongly encourage all girls who will try out for basketball to participate in cross country to prepare for the upcoming season. When Basketball off season begins, every athlete that participates in Cross country practice that day before school will get to work with their coach on skills during their athletic period.

Powerlifting:

Powerlifting will start in January and they compete in 2-3 meets. This program focuses on building strength through correct form and posture. The athlete doesn't progress with more weight until they can show balance, form and strength in each exercise. They are supervised at all times and we do not compete in deadlift at this age.

Track:

Track begins February 7th, 2021. All athletes will run track during the class period (no exceptions). Field events such as high jump, long jump, triple jump, shot and discus are optional and will be held after school until 5pm. Entries in meets are earned through timed and measured trials/jumps/throws. Any athlete may challenge another athlete for their position during practice every week. Just because they workout during the period does not mean they will compete in a meet.

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Soccer:

Soccer tryouts will be held in April. Games will begin in April and go until the end of the school year. More information to come soon.

Tennis:

Tennis has their own separate class period. Athletes only participating in Tennis need to be in the tennis class. If they're doing multiple sports including Tennis, then they will remain in the athletic period for their other sports and can switch to the tennis period when their other sport is completed. Tennis tryouts start in February and will be before and after school.

Conference Competition:

Our athletic district will include Benold, Elgin, Farley, Forbes, Hutto, Liberty Hill, Marble Falls, Santa Rita and Wagner. Since we are now a 10 team conference, we will have two divisions and will play some teams twice and not see other teams in our conference.

Questions and/or Conflicts with Procedures or Personnel

We understand that you are trusting us with your children and we understand that there are times that we need to address questions and concerns. This section is included for those times of conflicts or concerns that need conflict resolution between PLAYER and COACH or PARENT and COACH.

Any conflict should be addressed in accordance to the following protocol:

- (1) Meet with the specific coach directly at a mutually appointed time (not after a game or practice)
- (2) Meet with the head coach and athletic coordinator (Coach Reyes) at a mutually appointed time
- (3) Meet with the athletic coordinator, head coach, and athletic director at a mutually appointed time

** Again, please encourage your athletes to speak with us coaches first. We know that this is not an easy task for them and we support and encourage them using their voice. This is a skill that we work to build before they reach high school.

Parents and supporters,

We take great pride in our Athletic program and expect good work ethic, respectable behavior and commitment from each athlete and coach. If an athlete is showing signs of tardiness, bad behavior choices or not being compliant with coach's expectations, we will communicate with her and her guardians to see what can be done to help her succeed. If we are still experiencing trouble, we will set up a meeting with coaches, teachers and admin.

Our mission is to help all of our athletes be successful by preparing them for high school and beyond, both in the classroom and on the court, while finding their strengths, their passions and reaching their goals.

This is just an overview of our athletic program.
If you have any questions, please feel free to contact us at any time

Thank you,
Lady Titan Coaches

***Keep this packet for your records. You will need to sign the Lady Titan Athlete Info sheet acknowledging that you have read and agree to Lady Titan Policy and Expectations.**

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