

**Georgetown Independent School District  
SHAC Minutes for  
March 1, 2017**

<b>Agenda Item</b>	<b>Discussion</b>	<b>Action Items</b>
<b>Next meeting</b>	April 5, 2017	
<b>Attendance</b>	Called to order at 8:01 am Vicki Barbosa, Emily Brannon, Linda Meigs, Robin Blankenship, Juanita Duron, Bebe Johnson, Lisa Wallace, Annie Burke, Jennifer Ashman-Porter, Karen Kovach, Todd York, guest – Sarah Stanley, UT Dietetic Intern with GISD	
<b>Introductions, Recognitions, Celebrations</b>	Karen Kovach introduced our guest, Sarah Stanley from UT. She will do a two-week internship with GISD. Chase the Chief will have about 1832 participants, 30 plus vendors, Sodexo was a sponsor	
<b>Minutes from last meeting</b>	Linda Meigs made a motion to approve the minutes, Emily Brannon seconded, approved as written.	
<b>Unfinished Business</b>		
<b>New Business</b>	Vicki Barbosa discussed the Wellness Plan developed with the SHAC committee during the 2015-16 school year and the need to revisit the plan again.	VB will visit with Dr. Hallmark to discuss the new sections of the GISD Wellness Plan and getting principal feedback. She will report at the next meeting.
<b>Presentations from Advisors/district updates</b>	Karen Kovach – nutrition – March 1 <sup>st</sup> was the first day of National Nutrition Month A to Z, Sarah shared her A to Z project and discussed how she had designed the webpage for the project. At Chase the Chief we had vendors provide snacks. March 8 <sup>th</sup> will be the Future Chef Contest that will feature 16 finalists and healthy comfort food.	

	<p>Todd York – athletics – MS track meets have trainers, Wagner MS had chosen an athletics coordinator</p> <p>Jennifer Ashman-Porter – guidance and wellness – reports for Sherry Stamp that we will be needing another staff nurse</p> <p>Jennifer Ashman-Porter – guidance and wellness – has showed the movie “Reliance” to principals and had a panel discussion, this showing and the discussion were well received</p>	
<b>Nutrition Services</b>	No sub-committee reports at this meeting.	
<b>Health Services</b>	No sub-committee reports at this meeting.	
<b>Healthy and Safe School Environment</b>	No sub-committee reports at this meeting.	
<b>Counseling and Mental Health Services</b>	<p>Emily Brannon reports that the district is currently doing a lot of things in the area of counseling and mental health services. She mentioned the following comments/concerns: 1) elementary counselors currently have duty and the sub-committee would recommend exploring options for counselors to not have duty and just be a counselor, 2) small group counseling - students need parental permission to participate and elementary and high school are willing to participate but harder to get MS students to participate, 3) calming boxes – McCoy has one, they are low cost – there are items inside designed to calm. Local PTAs may be able to help the other campuses, 4) calming rooms for both students and adults – McCoy has one – special seats, filters on lighting, sensory items, massage pads, ocean waves, 5) the need for a 5<sup>th</sup> district interventionist, we have received some funding help from the Georgetown Health Foundation, 6) yoga therapy – could have in PE – teach self-regulation. The district currently has a resource of a yoga therapist, 7) EM wave machine - \$300 for software and device, we have 7 in the district, the machine has an app, with a clip to the ear that teaches them to regulate breathing.</p>	
<b>Staff Wellness Promotion</b>	No sub-committee reports at this meeting.	
<b>Parent and Community Involvement</b>	No sub-committee reports at this meeting.	
<b>Physical Education</b>	No sub-committee reports at this meeting.	
<b>Health Education</b>	No sub-committee reports at this meeting	
<b>Other</b>		
<b>Adjournment</b>	Meeting adjourned at 8:45 am	