



School Health Advisory Council

Annual Report
March 2018



SHAC Members for Appointment by the School Board

Alex Garcia-Ellis

Bebe Johnson

Emily Brannon

Emily Reichert

Holly Barentine

Jennifer Ashman-Porter, SHAC Chair

Karen Palombo

Linda Meigs

Lisa Wallace

Nicole Staton

Raji Warriar

Sharette Kirsten Gray

Tessa Snodgrass

Includes 3 community members that are not currently GISD parents, 8 parents representing Carver, Cooper, Frost, McCoy, Pickett, Forbes, Tippit & Wagner, and 2 GISD employees.

2017-2018 SHAC Meetings

Location:

GISD Administration Annex
1313 Williams Drive
Large Meeting Room (old library)

Time:

8:30 AM - 10:00 AM

Dates:

Wednesday, October 25, 2017
Wednesday, November 29, 2017
Wednesday, January 31, 2018
Wednesday, February 28, 2018

Committees

- Nutrition / Food Service
- Physical Education and Activity
- Health Education
- Counseling / Mental / Social Health
- Student Health Services
- Parent and Community Involvement
- Healthy Environment / School Safety
- Staff Health Promotion

GISD 1st Annual Health Fair

- A Partnership between GISD Nutrition Services and the School Health Advisory Council
 - Thursday, April 5, 2018
 - 5:30 - 7:30 PM
 - Purl Elementary
 - 30+ vendors
 - Vaccinations available

Recommendations to the School Board

- Consider one semester Health course for 6th graders
 - Would allow for 5 days of uninterrupted physical activity for 6th graders
 - Opportunity to provide mental / social / emotional curriculum
- Kids sitting out of PE
 - Create / Implement district-wide recommendations for what to do when a student sits out of PE for illness or injury
- Avoid. Deny. Defend.
 - Rollout Spring 2018
 - Three-step plan in the event of a public act of violence
 - In conjunction with Georgetown Police Department

Recommendations to the School Board

- Drug and Alcohol Prevention Recommendations
 - Provide professional learning opportunities for GISD staff to support drug and alcohol prevention
 - DITEP (Drug Impairment Training for Educational Professionals) training for counselors and nurses
 - Review / Implement drug and alcohol prevention curriculum K-12
 - Research / Consider random drug screening program for effectiveness and possible expansion
 - Research / Consider partnership for drug dogs on campus

Recommendations to the School Board

- Implement ADAP (Adolescent Depression Awareness Program) Curriculum
 - The Johns Hopkins Department of Psychiatry and Behavioral Sciences
 - 3 class periods during high school credit health course
 - GISD has 3 counselors trained in the curriculum
 - https://www.hopkinsmedicine.org/psychiatry/specialty_areas/moods/ADAP/
- Advanced First Aid Training / Education
 - Department of Defense Program
 - Raising awareness of basic actions to stop life threatening bleeding
 - GISD has 2 nurses trained as trainers
 - www.bleedingcontrol.org



Thank You

Jennifer Ashman Porter
Director of Guidance and Wellness

